

Supplement Guide

with GLP-1 Medications



Each supplement we recommend is important in the process of weight loss as well as your health while you are on the peptides.

Metabolic Health Members receive 15% off their supplements with us, all other clients receive 10% off.

Recommended Supplements for GLP-1s:

Essential Bundle	Premium Bundle	Ultimate Bundle
Multivitamin <ul style="list-style-type: none"> • Basic Nutrients 2/day Omegas <ul style="list-style-type: none"> • Super EPA Essential Aminos <ul style="list-style-type: none"> • Amino Complex (Lemon or Berry Flavored) 	Multivitamin <ul style="list-style-type: none"> • Basic Nutrients 2/day Omegas <ul style="list-style-type: none"> • Super EPA Collagen <ul style="list-style-type: none"> • Collagen Fit (Unflavored) Essential Aminos <ul style="list-style-type: none"> • Amino Complex (Lemon or Berry Flavored) 	Multivitamin <ul style="list-style-type: none"> • Basic Nutrients 2/day Omegas <ul style="list-style-type: none"> • Super EPA Collagen <ul style="list-style-type: none"> • Collagen Fit (Unflavored) Fiber <ul style="list-style-type: none"> • FiberMend Veggie Powder <ul style="list-style-type: none"> • Daily Greens Plus Probiotic <ul style="list-style-type: none"> • FloraMend Prime Essential Aminos <ul style="list-style-type: none"> • Amino Complex (Lemon or Berry Flavored)

Add in Fullscript Link

All supplements can be purchased online and shipped to your house. The supplements we recommend are from high quality, trusted brands. However, if you have a brand you know and trust - great!

Metabolic Health Members can have us personalize their supplements even further by simply asking us! We do this all the time and can send you a direct link!